

Reference books for Herbs and Medicinals

- **Western Medicinal Plants and Herbs** – Peterson Field Guide – Steven Foster and Christopher Hobbs
- **The EcoHerbalist's Fieldbook** - wildcrafting in the mountain west – Gregory L. Tilford
- **MycoMedicinals** – An Informational Treatise on Mushrooms – Paul Stamets
- **Willow bark & Rosehips** – An introduction to Common Edible and Useful Wild Plants of North America – Fritz Springmeyer
- **Medicinal Plants of the Pacific West** – Michael Moore
- **The Illustrated Encyclopedia of Essential Oils** – Julia Lawless
- **The Basic Essentials of Edible Wild Plants and Useful Herbs** – The Basic Essentials Series – Jim Meuninck
- **How Indians Used Wild Plants for Food, Medicine and Crafts** – Formerly titled uses of plants by the Chippewa Indians - Frances Densmore
- **Stalking the Healthful Herbs** – Euell Gibbons
- **The complete Medicinal Herbal** – A practical guide to the healing properties of herbs, with more than 250 remedies for common ailments – Penelope Ody
- **Plant Technology of the First Peoples in British Columbia** – Royal British Columbia Museum Handbook - Nancy J. Turner
- **Food Plants of Coastal First Peoples** – Royal British Columbia Museum Handbook – Nancy J. Turner
- **Edible and Medicinal Plants of the Rocky Mountains and neighboring territories** – Terry Willard PhD

- **The Scientific Validation of Herbal medicine** – Daniel b. Mowrey
PhD
- **Plant Powers, Poisons, and Herbcraft** – Dale Pendell
- **Wild Edible Plants of Western North America** – Konald R. Kirk

Compiled by:
James Freed
WSU Extension Specialist
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